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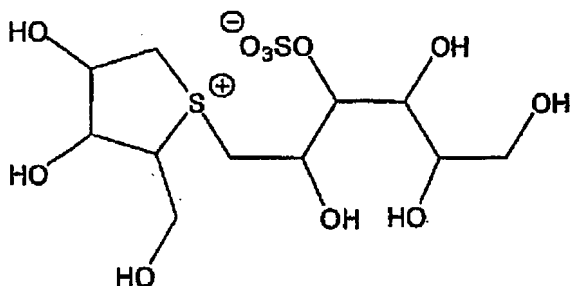
DEC 10 2007

Amendments to the Claims:

This listing of claims will replace all prior versions and listings of claims in the application.

Listing of Claims:

1. (Currently amended) [[A]] An isolated and purified substance having α -glucosidase inhibiting activity, represented by the following formula:



which is isolated and purified from an extract of roots and stems of a plant of the family Hippocrateaceae or in the family Celastraceae, the genus Salacia.

2. (canceled)
3. (canceled)
4. (Currently amended) A composition having α -glucosidase inhibiting activity, which comprises (i) the substance having α -glucosidase inhibiting activity according to claim 1 and (ii) at least one selected from the group consisting of a compound used conventionally in the field of medicine and a compound necessary for forming a powder, solid or liquid composition.
5. (Original) Food comprising the substance having α -glucosidase inhibiting activity according to claim 1.
6. (Original) Food comprising the composition having α -glucosidase inhibiting activity according to claim 4.
7. (New) A method of preventing or treating diabetes or preventing or ameliorating obesity, comprising administering to a subject in need thereof the substance of claim 1.
8. (New) A method of preventing or treating diabetes or preventing or ameliorating obesity, comprising administering to a subject in need thereof the composition of claim 4.

9. (New) A method of preventing or treating diabetes or preventing or ameliorating obesity, comprising administering to a subject in need thereof the food of claim 5.

10. (New) A method of preventing or treating diabetes or preventing or ameliorating obesity, comprising administering to a subject in need thereof the food of claim 6.